



FREE EVENT



**DAL**

**#LiveWellBeYou**  
DISABILITY, AGEING & LIFESTYLE EXPO



Catalyst  
Foundation

# MT GAMBIER DAL EXPO

Engage with disability and ageing service,  
product & information providers.

 FRI 13TH MARCH, 2026

 10:00AM - 3:00PM

 WULANDA RECREATION &  
CONVENTION CENTRE

 (08) 8168 8702     [www.dalexpo.com.au](http://www.dalexpo.com.au)

 [expo@catalystfoundation.com.au](mailto:expo@catalystfoundation.com.au)

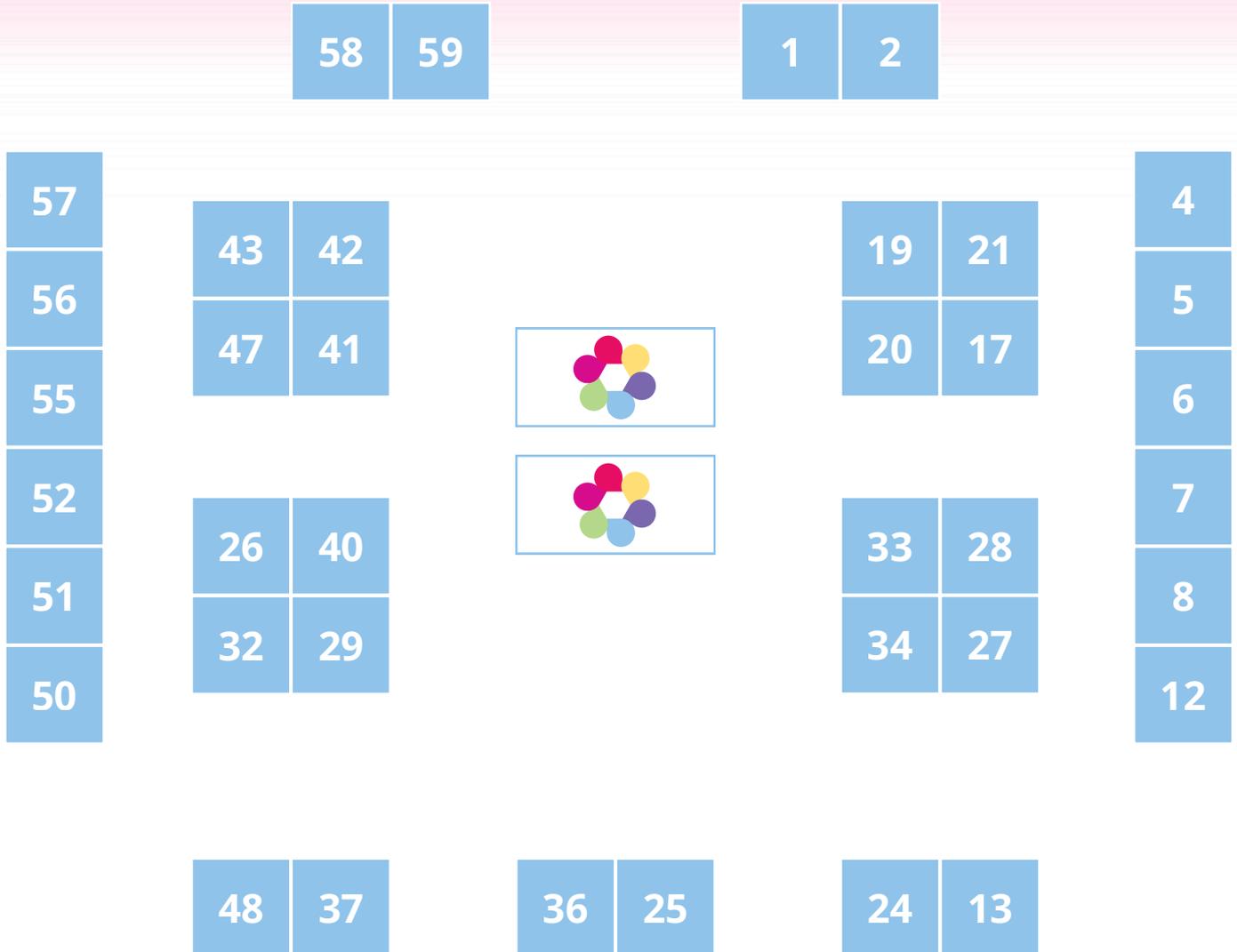


# EXHIBITORS

Abilities OT	17	Department of Health, Disability and Ageing	51	Multicultural Communities Council SA	34
Access 2 Place Housing	40	Enable Therapy Services	27	My Plan Manager	43
Access4u	59	Enhanced Lifestyles	19	NDSP Plan Managers	28
Aged Rights Advocacy Service - ARAS	2	Freedom Motors Australia Pty Ltd	56/57	Office of Health and Community Services Complaints Commissioner	50
Art Play	36	Heal At Home	7	Paw Pause	58
Aussie Care and Services Pty Ltd	47	Health Maximiser Support Services	48	ResicareSA	20
Australian Red Cross	6	Inclusive Support Services South Australia	32	SA Pathology	13
Brazier Mobility	37	Life Without Limits Support Co	29	Skylight Mental Health	42
Cara	26	Livit Disability Support	25	South Australian Council on Intellectual Disability	33
Care Assure	55	Metier Health	21	Start to Finish Mobility	5
Carers SA	41	Minda Inc	24	TADSA (Technology for Ageing and Disability SA)	12
Catalyst Foundation				Uniting Communities	52
Coloplast	4			VIVA Mutual	8
Creative Career Nursing Agency	1				

# MAP

## ENTRANCE



SCAN ME



## Give us your feedback

Please share your feedback on the Mt Gambier DAL Expo. Scan the QR code to share your feedback by 3pm Friday 13th March 2026

Catalyst Foundation is a not-for-profit charity organisation and a leading provider of information to individuals, communities and the care sector in South Australia. We empower the older person to make informed decisions about positive ageing, by providing information and connections with services and programs.

## We can help you with:

### Telephone Information Service

Our free telephone information service provides the community and sector with valuable information, and you'll be speaking directly with a real person.

### Information Resources

Our website features a comprehensive collection of factsheets and directories, providing users with accurate and up-to-date information.

### Training & Education

We offer seminars and workshops tailored to both the community and professionals, focusing on key topics in aged care.

### Care Finder Program - Aged Care Navigator

Aged Care Navigators help vulnerable older people who need intensive assistance to access aged care, and other supports in the community.

### DAL Expo

South Australia's largest Disability, Ageing and Lifestyle Expo. The DAL is an iconic event held annually in Adelaide, with additional regional expos held across the state.



Now Welcoming  
**New Participants**

life without limits  
support co.

Meeting you where you are  
and walking along side you as you grow.

enquiries@lifewithoutlimitsco.com  
Mount Gambier, South Australia



Heal At Home  
In-Home Nursing Services

## Registered NDIS Provider

### Metro & Regional Services

- + Nursing Assessment, Care & Support
- + Stoma Management, Care & Support
- + Complex Bowel Care, Support, & Management
- + Diabetes Management, Care & Support
- + Epilepsy Management, Care & Support
- + Home Ventilator Management, Care & Support
- + Tracheostomy Management, Care & Support
- + Care Plan Formation & Review
- + Palliative Care Management, Care & Support
- + Hospital Discharge Support
- + Staff Training & Competency Assessment
- + Intravenous Medication Administration &
- + Intravenous Device Management
- + Complex Wound Assessment, Care & Support
- + Continence & Catheter Care & Support
- + Medication Management, Care & Support

1300 450 190 | admin@healathome.com.au | www.healathome.com.au



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# DAL EXPO

## WORD SEARCH

K	A	J	M	C	M	R	K	S	Q	V	T	C	G	M
B	M	S	L	X	A	G	A	I	V	Z	A	T	E	I
I	V	Z	I	N	W	G	R	N	R	I	A	H	U	J
C	Z	S	F	I	N	C	L	U	S	I	O	N	A	C
A	D	X	E	E	L	D	N	T	D	A	Z	H	C	N
R	K	J	S	N	H	H	T	X	O	M	U	Q	C	C
E	X	R	T	U	I	Z	M	M	E	J	D	G	E	O
R	S	S	Y	H	Z	O	K	G	C	N	I	L	S	M
S	U	I	L	U	G	U	R	T	E	F	X	L	S	M
S	P	I	E	V	W	L	W	S	B	I	B	A	Z	U
D	P	X	Z	C	O	N	N	E	C	T	I	O	N	N
C	O	B	Z	O	X	H	G	L	P	X	P	I	J	I
F	R	S	E	R	V	I	C	E	S	V	P	R	Y	T
L	T	T	R	B	Y	F	M	S	B	I	E	V	N	Y
J	I	Z	F	B	Z	F	G	V	D	X	H	L	T	U

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**Connection**

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**Lifestyle**

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**Seniors**

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**Community**

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**Services**

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**Access**

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**Inclusion**

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**Support**

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**Carers**

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# Care Finder Program

**Aged Care Navigators support vulnerable older people to access aged care services and other supports in the community.**

- Finding the supports you need to remain living independently can feel overwhelming.
- We can help you to understand what aged care services are available and help you connect to them.
- Assist you through the assessment process and find available appropriate services.
- We can talk with you and My Aged Care together, about your assessment and approvals.
- Explain Home Care Packages and the Commonwealth Home Support Program.

**This is a no cost government funded service;** you will need to be age eligible to be able to access services through My Aged Care. Aged Care Navigators can support you over the phone, at the Catalyst Foundation office, or a home visit, we can be the contact person who brings all your supports together.

How to make contact with an Aged Care Navigator

Contact details:  
**Office Unit 1, 47 Tynte Street  
North Adelaide, 5006.**

Telephone  
**8168 8776**  
Press option 2

[www.catalystfoundation.com.au](http://www.catalystfoundation.com.au)



**phn**  
ADELAIDE  
An Australian Government Initiative



# Retirement Housing Directory

[retirementhousingdirectory.com.au](http://retirementhousingdirectory.com.au)



Searching made simple!

South Australia's No.1 resource for vacancies in both Retirement Villages and Rental Housing for Seniors.







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**ADELAIDE**

**ADELAIDE SHOWGROUNDS**

**FRIDAY 16TH & SATURDAY 17TH OCTOBER 2026**



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