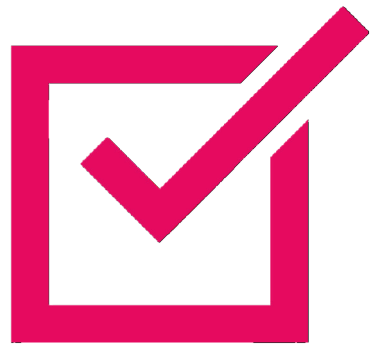




FREE EVENT



DAL

#LiveWellBeYou
DISABILITY, AGEING & LIFESTYLE EXPO



ADELAIDE DAL EXPO

Engage with disability and ageing service, product & information providers.

 FRI 17 - SAT 18 OCTOBER, 2025

 10:00AM - 3:00PM

 ADELAIDE SHOWGROUND

 (08) 8168 8702  www.dalexpo.com.au

 expo@catalystfoundation.com.au

Sponsored By:

dannymetsally™





Catalyst
Foundation

(08) 8168 8776

www.catalystfoundation.com.au

information@catalystfoundation.com.au

Catalyst Foundation is a not-for-profit charity organisation and a leading provider of information to individuals, communities and the care sector in South Australia. We empower the older person to make informed decisions about positive ageing, by providing information and connections with services and programs.

We can help you with:

Telephone Information Service

Our free telephone information service provides the community and sector with valuable information, and you'll be speaking directly with a real person.

Information Resources

Our website features a comprehensive collection of factsheets and directories, providing users with accurate and up-to-date information.

Training & Education

We offer seminars and workshops tailored to both the community and professionals, focusing on key topics in aged care.

Care Finder Program - Aged Care Navigator

Aged Care Navigators help vulnerable older people who need intensive assistance to access aged care, and other supports in the community.

DAL Expo

South Australia's largest Disability, Ageing and Lifestyle Expo.

The DAL is an iconic event held annually in Adelaide, with additional regional expos held across the state.



EXPO SCHEDULE

FRIDAY

10:00AM	Expo Welcome
10:02 AM	Welcome from Rosetta Rosa (CEO Catalyst Foundation)
10:17 AM	Speaker - Catalyst Foundation
10:32 AM	Speaker - Adenium Living
10:45 AM	Performance - Rachael Leahcar (Event Ambassador)
11:20 AM	Speaker - Medic Alert
11:40 AM	ICaspa
12:10 PM	Quiet Hour
1:20 PM	Performance - Rachael Leahcar (Event Ambassador)
2:00 PM	Quiz
3:00 PM	Expo Close

SATURDAY

10:00AM	Expo Welcome
10:15 AM	Speaker - Helping Hand
10:30 AM	Performance - Floras Champions with Motivate Dance Studio
11:05 AM	Performance - Icaspa
11:40 AM	Performance - All Abilities Cheer and Dance
12:10 PM	Quiet Hour
1:25 PM	Sophie Thomson - Gardening Australia presenter
1:50 PM	Donut Competition
2:25 PM	Art Winners Announced
3:00 PM	Expo Close

FEEDBACK!

Give us your feedback

Please share your feedback on the Adelaide DAL Expo. Scan the QR code to enter the draw for your chance to **Win A Prize!**

Or visit us at the information desk to enter.
 Survey closes 2:00pm on Saturday 18th October 2025.

SCAN ME























































EXHIBITORS (A)

Aberstone & Compassion	41	Equality Life Disability Support Services	55	Pearsons Allied Health Services & Pearsons Animal Farm	58
Activ8 Mind	24	ESG Inclusive Homes	12	Premium Home Care Services	28
Adelaide Wellbeing Society	7	Freedom Motors Australia Pty Ltd	21	Prestige Health Care Hub	36
Advanced Abilities	40	Happy Steps Pty Ltd	22	Radiant Home Care	25
AnglicareSA	34	Heritage Support Services	29	SA Disability Co	15
Aspiring Futures SA	16	Inclusive Swim	69	SACARE	33
Avenu Specialist Disability Accommodation	39	Inhousing	11	Sari Healthcare	42
Baptist Care SA	6	Innovative Support Australia	5	Sunflower Services	65
Better Care Disability Support Services	50	JaeMan Support	20	Tibii Disability Support Services	1
Camerini & Son Pty Ltd	56	JFA Purple Orange	2	Total Ability	14
Cara	10	Kangaroo Disability Services	8	Turning Point Support Pty Ltd	26
Carers SA	57	Living to the Max Occupational Therapy Services	70	UniSA Health Pty Ltd	61
Claro Aged Care and Disability Services	59	Local Kitchen Company	32	United Abilities Pty Ltd	17
Coast FM	43	Max Healthcare Equipment	3	Veos	66
Dal Brands	63	MedicAlert	35	Willshire	47/48
Department for Environment and Water	60	Metrocare Services	67	Windamere Park	4
Driving Miss Daisy Burnside SA	45	Mobility Engineering	30	YH Support Services	18
Empowering Horizons	71	MPOT	23	Your Local Disability Partner	54
		NDSP Plan Managers	13	Your Space Hub	64
		Orana Australia Limited	27	Your Way Disability SA	53

EXHIBITORS (B)

Ability Action Australia	53 ●	Futura Care	51 ●	SA Dental	14 ●
Adelaide Disability Advance Care Pty Ltd	2 ●	Good Directions	45 ●	Skylight Mental Health	24 ●
Adenium Living	28 ●	Hartwell Holdings Trading as MOBI-LITE	42 ●	Support My Way	3 ●
Aged Care Quality And Safety Commission	30 ●	Healthy Mind Australia	41 ●	The Deaf Butterfly Effect	17 ●
All of Us Disability and Community Services	43 ●	Heart To Hold Foundation	56 ●	VIVA Mutual Foundation Limited	12 ●
Always Care Services	7 ●	Help at Home Inc	29 ●	Webster Services Pty Ltd	31 ●
Attuned Care	40 ●	HenderCare	48 ●	Xlent Disability Services	5 ●
Autism SA	37 ●	If Only You Knew	55 ●	Your Learning Portal RTO: 46341 Healthcare Training	11 ●
BET Group Global	22 ●	Kaya Disability Support	16 ●		
Brazier Mobility	20 ●	Kiki Community Care	44 ●	Art Gallery	
BreastScreen SA	23 ●	Kindly Healthcare	13 ●		
Campability SA	26 ●	Lifebox Digital	19 ●		
Department of Health, Disability and Ageing	10 ●	Luminous Care	8 ●		
DLi	57 ●	Lutheran Disability Services	15 ●		
Empower Everyday Support Adelaide	52 ●	Lyft SA	32 ●		
Enabling Independence	54 ●	My Life My Way	25 ●		
Enhanced Lifestyles	39 ●	My Physio My Health	1 ●		
Everyday Independence	38 ●	ND Networking	50 ●		
		NDIA	49 ●		
		Nganana Inc	46 ●		
		Nurse Next Door Home Care Services	18/21 ●		

EXHIBITORS (C)

Acorn Stairlifts	21 	estara	11 	Sisters Nursing Services	8 
Adelaide Metro	45 	Greenleaf Support Services	4 	St John SA	6 
Advocacy for Disability Access and Inclusion Inc	50 	Guardian Personal Alarms	51 	Start to Finish	12 
Aged Rights Advocacy Service	27 	HCO	61 	Therapro Australia	53 
Allora Options	52 	Heal At Home	46 	Thorne Harbour Health SA	47 
Alpha Plan Management	22 	Health Professionals To You	41 	Thrive Mobility	9 
Being Mentors	40 	Inspire Care SA	43 	Trilogy Care	7 
Beneficent Pty Ltd	29 	Just Better Care Adelaide	17 	Trugrade Medical Supplies	13 
B-HART	16 	Kustomize Your Support	23 	Utopia Care	33 
 Bolton Clarke	2 	Leisure Options	31 	Voron Enterprises	55 
BrainInjurySA	58 	Lutheran Care	26 		
Care Assure	18 	Marion Care Pty Ltd	48 		
CareWindow	19 	Medimart P/L	14 		
Catalyst Foundation	1 	Metro Bus Adelaide	54 		
CCNASA Disability Services	5 	Minda Inc	15 		
Centacare Catholic Community Services	49 	Mission Australia	59 		
ClubMates Travel	39 	Multicultural Communities Council of SA	60 		
Community Living Australia	35 	Polaris Business Development Centre	25/30 		
Ease Assist - Quality Support Services	57 	Pro-Active Health	56 		
Enhance Living Option	24 	Rira Care	20 		
		SDA Living Australia	28 		

EXHIBITORS (D)

4gr Customised Employment Specialists	53 ●	Disability Rights Advocacy Service	56 ●	Life Care	26 ●
Access 2 Place	45 ●	Divine Nursing Services	50 ●	Mobo	5 ●
Access4U	12 ●	Eighty9	51 ●	My Plan Manager	23 ●
Adelaide Holistic Care	34 ●	EllieB's	29 ● 	NovitaTech	2 ●
AEON Disability Support Services	7 ●	Enable Fitness Centre	28 ●	Nurse Aid Australia Pty Ltd	41 ●
AI Core CRM	18 ●	Enable Plan Management	30 ●	Office for Ageing Well and Seniors Card	31 ●
Amity Housing	36 ●	Federation of Polish Organisations in SA	24 ●	Pathway Pioneers Care Services	55 ●
Aruga Care Experts	38 ●	Fidens	58 ●	Pawpause	43 ●
atWork Australia	19 ●	Focus Disability Supports	52 ●	Police HomeCare	9 ●
Audika Hearing Clinic	17 ●	Helping Hand	14 ●	Radio Italiana 531	48 ●
AWR Care Services Pty Ltd	37 ●	Hessel Group	11 ●	Resicare SA	49 ●
Blu Sky Care	20 ●	Hola Support Services	15 ●	Ross Care	25 ●
Choice N Control	47 ● 	Holiday Explorers	44 ●	Scarlet Homecare	8 ●
Community Bridging Services (CBS) Inc	27 ●	Holistic Social Work Services	6 ●	Sleep Electric	4 ●
 Danny Met Sally	1 ●	 Hope Help and Care	3 ●	 The Chooze Shop	10 ●
Department of Human Services - Concessions SA	22 ●	InHome Care SA	32 ● 	UnitingSA	33 ●
Department of Human Services - DHS Disability Services	21 ●	Insight Positive Behaviour Support	40 ●	Vital vibes healthcare agency	46 ●
Disability Breathing Space PTY LTD	35 ●	Interact Australia	42 ●	Viva Care Support	54 ●
		KC Skills Centre	13 ●		
		Legal Services Commission of South Australia	57 ●		

FLOOR PLAN

FLOOR PLAN

Care Finder Program

Aged Care Navigators support vulnerable older people to access aged care services and other supports in the community.

- Finding the supports you need to remain living independently can feel overwhelming.
- We can help you to understand what aged care services are available and help you connect to them.
- Assist you through the assessment process and find available appropriate services.
- We can talk with you and My Aged Care together, about your assessment and approvals.
- Explain Home Care Packages and the Commonwealth Home Support Program.

This is a no cost government funded service; you will need to be age eligible to be able to access services through My Aged Care. Aged Care Navigators can support you over the phone, at the Catalyst Foundation office, or a home visit, we can be the contact person who brings all your supports together.

How to make contact with an Aged Care Navigator

Contact details:
Office Unit 1, 47 Tynte Street
North Adelaide, 5006.

Telephone
8168 8776
Press option 2

www.catalystfoundation.com.au



phn
ADELAIDE
An Australian Government Initiative

Booth #1C

Head to booth 44D to pick up your map and start the Holiday Explorers Trail!



Holiday

Explorers

Trail



Booth #24A



THERAPY, MENTAL HEALTH & ASSESSMENTS

Parafield & Parkside offices | In-home & in-school support

Activ8 Mind is a registered NDIS provider specialising in therapy, mental health, and assessments.

Our skilled practitioners provide support that is:

- Highly responsive
- Educative
- Outcome-focused

Visit us at booth 24A

Learn more about us or request our support.



Our NDIS Services

Providing support for participants aged 5 - 65.



Psychology & Counselling



Behaviour Support



Occupational Therapy



Social Work



8292 5300 | info@activ8group.com.au

fidens

feels

like

family



Discover Your Place of Belonging

- Supported Independent Living (SIL)
- In Home Supports
- Post Incarceration Support
- Community Participation
- Telehealth (Allied Health)
- Community Nursing

Visit us at the Adelaide DAL Expo or call 1300 574 244 today!

www.fidens.com.au

Booth #58D

Booth #12A



ESG Inclusive Homes

EXPERIENCE SOCIAL GROWTH

National NDIS SDA Provider



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Ph: 0416 172 724
www.experiencesocialgrowth.com
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Your Leading Carer Training Centre.

Quality training for Support Workers, Family Carers and Nurses.

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Training and assessment is delivered on behalf of ABC First Aid
RTO 3399
Since 1997

Booth #13D

Happy Steps

Your Partner in Living Well



Some Services We Offer:

- Mobile Home / Pool Visit
- Tailored Therapies All Ages
- Fun Activities & Skill Building
- Functional Capacity Assessments
- ReturnToWorkSA Injury & Return to Work
- Lifestyle & Exercise Integration
- Medicare Physiotherapy
- Assistive Technology
- Royal Park Clinic
- Hydrotherapy



Learn more about us

www.happysteps.com.au
admin@happysteps.com.au
0430 563 033 / 0433 768 088

Empowering Every Step for All Ages!

Booth #22A

Live life your way



Your home. Your life. Our support

At InHome Care SA, we're more than support workers, we're partners in your wellbeing. With government approved, personalised care, we help you stay safe, independent, and comfortable at home. We bring the care you need right to your door, always professional - **always focused on you.**



Call (08) 7200 5432
or visit ihcsa.com.au
to explore our services


InHome Care SA
it's your choice

Booth #32D



WHY CHOOSE AEON

Choose us for NDIS services because we prioritize your individual needs, provide experienced and compassionate support, and are dedicated to your well-being and empowerment.

Our Services

- ✓ Assistance with personal care
- ✓ Social and Community Participation
- ✓ Day Option/AEON HUB
- ✓ Specialist Support Coordination
- ✓ High Intensity Supports
- ✓ Community Nursing
- ✓ Specialist Disability Accommodation/SDA
- ✓ Supported Accommodations: SIL/MTA/STA/Respite

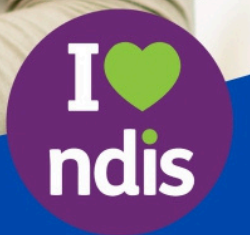
SCAN TO CHECKOUT
OUR SERVICES



SCAN ME

0469 397 054
1300 2366 37

info@aeondisabilityservices.com.au
2A Portrush Road, Payneham SA 5070



Find us at
Booth 24C
Bronze
Section

'People living with disability don't need to be empowered, it's time we recognise they're already powerful, and celebrate them'
-Amie Verrall, General Manager, ELO

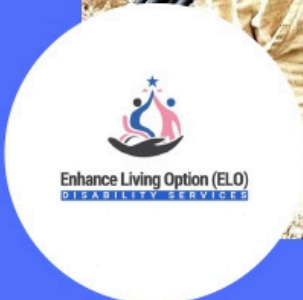
Accessible Services for All Abilities

- SIL, SDA, Robust & Respite Accomodation
- 24/7 High Intensity and Complex Mobility Support
- Community Nursing
- Night / Social /Singles Options
- Outdoor Nature Adventure Options

Empowered
living starts
here

already empowered
recognised
powerful
celebrated

ENHANCE LIVING OPTION (ELO)
www.enhancelivingoption.com.au
info@enhancelivingoption.com.au
0410 674 759
NDIS Provider No: 4050148946



Booth #23D

My Plan Manager

Your NDIS uncomplicator



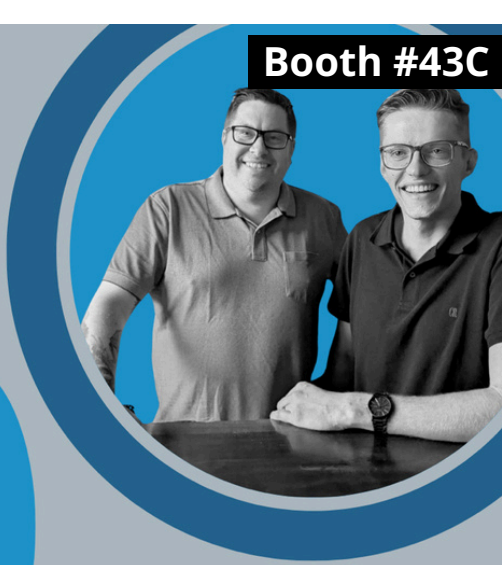
myplanmanager.com.au
1800 861 272

MY Plan Manager

Booth #43C



INSPIRE CARE SA



Inspire Care SA offer consistent, person-centred care that genuinely responds to each individual's unique needs. Our mission is to provide support that is not only reliable, but tailored to the individual, ensuring that every person receives care that respects their personal journey and values.



CONTACT US

To get in touch with Dan and Darcy please email :
admin@inspirecaresa.com

NDIS SERVICES:



IN HOME SUPPORT

Supporting you at home with social engagement, daily living tasks, cooking, cleaning



PERSONAL CARE

Provide medication administration, manual handling, personal hygiene.



COMMUNITY PARTICIPATION

Providing transport to attend appointments, shops and access the community.



COUNSELLING

counselling services with our licenced and experienced professional counsellor.

Dan and Darcy would love to come and meet with you to see how we and our team can help you and your loved ones. We offer this as a free no obligation chance for you to meet us in person and ask any questions you may have.

LET US KNOW HOW WE CAN HELP.



6/1257 North East Road,
Ridgehaven SA



Follow Inspire Care SA on Instagram



Booth #6D



Holistic Social Work Services is proudly family owned and operated NDIS registered provider based in the south, servicing Adelaide.

We offer a person-centered approach to our service delivery, treat you with dignity and respect, value feedback for positive change and would be happy to discuss individual supports and needs.

We currently offer the following NDIS services:

- Supported independent living (SIL) and short-term accommodation / respite (STA)
- Support coordination level 2 and level 3
- Social work support
- Individually tailored day programs at Morphett Vale Southern Hub
- Life skills including cooking at our Morphett Vale Southern Hub
- School holiday activities
- In-home supports including garden work and cleaning
- Assistance to access the community / mentoring



Natalie Atherton | 0415 571 925
natalie@holisticsocialworkservices.com.au
www.holisticsocialworkservices.com.au
Like and follow us on Facebook to stay up to date

Silver Rainbow Training

Booth #47C



LGBTIQA+ INCLUSION
IN AGED CARE.
1 TO 3 HOURS
ONLINE OR,
IN-PERSON.

thorneharbour health*



DAL

#LiveWellBeYou

DISABILITY, AGEING & LIFESTYLE EXPO

ADELAIDE

ADELAIDE SHOWGROUNDS

FRIDAY 17TH & SATURDAY 18TH OCTOBER 2025

MT GAMBIER

WULANDA RECREATION AND CONVENTION CENTRE

FRIDAY 13TH MARCH 2026



Catalyst
Foundation