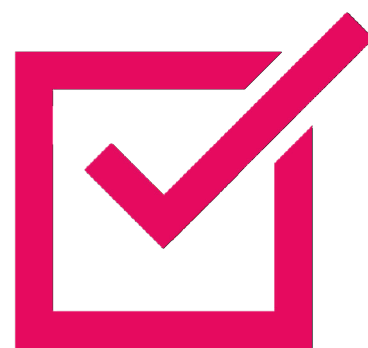




FREE EVENT



DAL

#LiveWellBeYou

DISABILITY, AGEING & LIFESTYLE EXPO



Catalyst
Foundation

ADELAIDE DAL EXPO



Engage with disability and ageing service,
product & information providers.



FRI 17 - SAT 18 OCTOBER, 2025



10:00AM - 3:00PM



ADELAIDE SHOWGROUND



(08) 8168 8702



www.dalexpo.com.au



expo@catalystfoundation.com.au

Sponsored By:

dannymetsally™





Catalyst
Foundation

(08) 8168 8776

www.catalystfoundation.com.au

information@catalystfoundation.com.au

Catalyst Foundation is a not-for-profit charity organisation and a leading provider of information to individuals, communities and the care sector in South Australia. We empower the older person to make informed decisions about positive ageing, by providing information and connections with services and programs.

We can help you with:

Telephone Information Service

Our free telephone information service provides the community and sector with valuable information, and you'll be speaking directly with a real person.

Information Resources

Our website features a comprehensive collection of factsheets and directories, providing users with accurate and up-to-date information.

Training & Education

We offer seminars and workshops tailored to both the community and professionals, focusing on key topics in aged care.

Care Finder Program - Aged Care Navigator

Aged Care Navigators help vulnerable older people who need intensive assistance to access aged care, and other supports in the community.

DAL Expo

South Australia's largest Disability, Ageing and Lifestyle Expo.

The DAL is an iconic event held annually in Adelaide, with additional regional expos held across the state.



EXPO SCHEDULE

FRIDAY

10:00AM	Expo Welcome
10:02 AM	Welcome from Rosetta Rosa (CEO Catalyst Foundation)
10:17 AM	Speaker - Catalyst Foundation
10:32 AM	Speaker - Adenium Living
10:45 AM	Performance - Rachael Leahcar (Event Ambassador)
11:20 AM	Speaker - Medic Alert
11:40 AM	ICaspa
12:10 PM	Quiet Hour
1:20 PM	Performance - Rachael Leahcar (Event Ambassador)
2:00 PM	Quiz
3:00 PM	Expo Close

SATURDAY

10:00AM	Expo Welcome
10:15 AM	Speaker - Helping Hand
10:30 AM	Performance - Floras Champions with Motivate Dance Studio
11:05 AM	Performance - Icaspa
11:40 AM	Performance - All Abilities Cheer and Dance
12:10 PM	Quiet Hour
1:25 PM	Sophie Thomson - Gardening Australia presenter
1:50 PM	Donut Competition
2:25 PM	Art Winners Announced
3:00 PM	Expo Close

FEEDBACK!

Give us your feedback

Please share your feedback on the Adelaide DAL Expo. Scan the QR code to enter the draw for your chance to **Win A Prize!**

Or visit us at the information desk to enter.
Survey closes 2:00pm on Saturday 18th October 2025.

SCAN ME



EXHIBITORS (A)

Aberstone & Compassion	41	Equality Life Disability Support Services	55	Pearsons Allied Health Services & Pearsons Animal Farm	58
Activ8 Mind	24				
Adelaide Wellbeing Society	7	ESG Inclusive Homes	12	Premium Home Care Services	28
Advanced Abilities	40	Freedom Motors Australia Pty Ltd	21		
AnglicareSA	34			Prestige Health Care Hub	36
Aspiring Futures SA	16	Happy Steps Pty Ltd	22	Radiant Home Care	25
Avenu Specialist Disability Accommodation	39	Heritage Support Services	29	SA Disability Co	15
		Inclusive Swim	69	SACARE	33
Baptist Care SA	6	Inhousing	11	Sari Healthcare	42
		Innovative Support Australia	5	Sunflower Services	65
Better Care Disability Support Services	50	JaeMan Support	20	Tibii Disability Support Services	1
Camerini & Son Pty Ltd	56	JFA Purple Orange	2		
Cara	10	Kangaroo Disability Services	8	Total Ability	14
Carers SA	57	Living to the Max Occupational Therapy Services	70	Turning Point Support Pty Ltd	26
Claro Aged Care and Disability Services	59			UniSA Health Pty Ltd	61
		Local Kitchen Company	32	United Abilities Pty Ltd	17
Coast FM	43	Max Healthcare Equipment	3	Veos	66
Dal Brands	63	MedicAlert	35	Willshire	47/48
Department for Environment and Water	60	Metrocare Services	67	Windamere Park	4
		Mobility Engineering	30	YH Support Services	18
Driving Miss Daisy Burnside SA	45	MPOT	23	Your Local Disability Partner	54
		NDSP Plan Managers	13	Your Space Hub	64
Empowering Horizons	71	Orana Australia Limited	27	Your Way Disability SA	53

EXHIBITORS (B)

Ability Action Australia	53	Futura Care	51	SA Dental	14
Adelaide Disability Advance Care Pty Ltd	2	Good Directions	45	Skylight Mental Health	24
Adenium Living	28	Hartwell Holdings Trading as MOBI-LITE	42	Support My Way	3
Aged Care Quality And Safety Commission	30	Healthy Mind Australia	41	The Deaf Butterfly Effect	17
All of Us Disability and Community Services	43	Heart To Hold Foundation	56	VIVA Mutual Foundation Limited	12
Always Care Services	7	Help at Home Inc	29	Webster Services Pty Ltd	31
Attuned Care	40	HenderCare	48	Xlent Disability Services	5
Autism SA	37	If Only You Knew	55	Your Learning Portal RTO: 46341 Healthcare Training	11
BET Group Global	22	Kaya Disability Support	16		
Brazier Mobility	20	Kiki Community Care	44	Art Gallery	
BreastScreen SA	23	Kindly Healthcare	13		
Campability SA	26	Lifebox Digital	19		
Department of Health, Disability and Ageing	10	Luminous Care	8		
DLi	57	Lutheran Disability Services	15		
Empower Everyday Support Adelaide	52	Lyft SA	32		
Enabling Independence	54	My Life My Way	25		
Enhanced Lifestyles	39	My Physio My Health	1		
Everyday Independence	38	ND Networking	50		
		NDIA	49		
		Nganana Inc	46		
		Nurse Next Door Home Care Services	18/21		

EXHIBITORS (C)

Acorn Stairlifts	21  	estara	11 	Sisters Nursing Services	8 
Adelaide Metro	45  	Greenleaf Support Services	4 	St John SA	6  
Advocacy for Disability Access and Inclusion Inc	50 	Guardian Personal Alarms	51 	Start to Finish	12 
		HCO	61 	Therapro Australia	53  
Aged Rights Advocacy Service	27 	Heal At Home	46 	Thorne Harbour Health SA	47  
Allora Options	52 	Health Professionals To You	41 	Thrive Mobility	9  
Alpha Plan Management	22 	Inspire Care SA	43 	Trilogy Care	7  
Being Mentors	40 	Just Better Care Adelaide	17  	Trugrade Medical Supplies	13  
Beneficent Pty Ltd	29 	Kustomize Your Support	23 	Utopia Care	33 
B-HART	16 	Leisure Options	31 	Voron Enterprises	55  
 Bolton Clarke	2 	Lutheran Care	26 		
BrainInjurySA	58  	Marion Care Pty Ltd	48 		
Care Assure	18 	Medimart P/L	14  		
CareWindow	19  	 Metro Bus Adelaide	54  		
Catalyst Foundation	1 	Minda Inc	15 		
CCNASA Disability Services	5 	Mission Australia	59 		
Centacare Catholic Community Services	49 	Multicultural Communities Council of SA	60 		
ClubMates Travel	39 	Polaris Business Development Centre	25/30  		
Community Living Australia	35 				
Ease Assist - Quality Support Services	57 	Pro-Active Health	56  		
		Rira Care	20 		
Enhance Living Option	24 	SDA Living Australia	28 		

EXHIBITORS (D)

4gr Customised Employment Specialists	53	Disability Rights Advocacy Service	56	Life Care	26
Access 2 Place	45	Divine Nursing Services	50	Mobo	5
Access4U	12	Eighty9	51	My Plan Manager	23
Adelaide Holistic Care	34	EllieB's	29	NovitaTech	2
AEON Disability Support Services	7	Enable Fitness Centre	28	Nurse Aid Australia Pty Ltd	41
AI Core CRM	18	Enable Plan Management	30	Office for Ageing Well and Seniors Card	31
Amity Housing	36	Federation of Polish Organisations in SA	24	Pathway Pioneers Care Services	55
Aruga Care Experts	38	Fidens	58	Pawpause	43
atWork Australia	19	Focus Disability Supports	52	Police HomeCare	9
Audika Hearing Clinic	17	Helping Hand	14	Radio Italiana 531	48
AWR Care Services Pty Ltd	37	Hessel Group	11	Resicare SA	49
Blu Sky Care	20	Hola Support Services	15	Ross Care	25
Choice N Control	47	Holiday Explorers	44	Scarlet Homecare	8
Community Bridging Services (CBS) Inc	27	Holistic Social Work Services	6	Sleep Electric	4
Danny Met Sally	1	Hope Help and Care	3	The Chooze Shop	10
Department of Human Services - Concessions SA	22	InHome Care SA	32	UnitingSA	33
Department of Human Services - DHS Disability Services	21	Insight Positive Behaviour Support	40	Vital vibes healthcare agency	46
Disability Breathing Space PTY LTD	35	Interact Australia	42	Viva Care Support	54
		KC Skills Centre	13		
		Legal Services Commission of South Australia	57		

the
chooze
shop

10D

dannymetsally™

A NATIONAL PREMIUM DISABILITY SERVICE PROVIDER



Catalyst
Foundation

1C



WINDAMERE
PARK

4A

novita
tech

2D



hendercare

48D



5C



Purple Orange



2A

Hope Help
AND CARE

3D

aspiring
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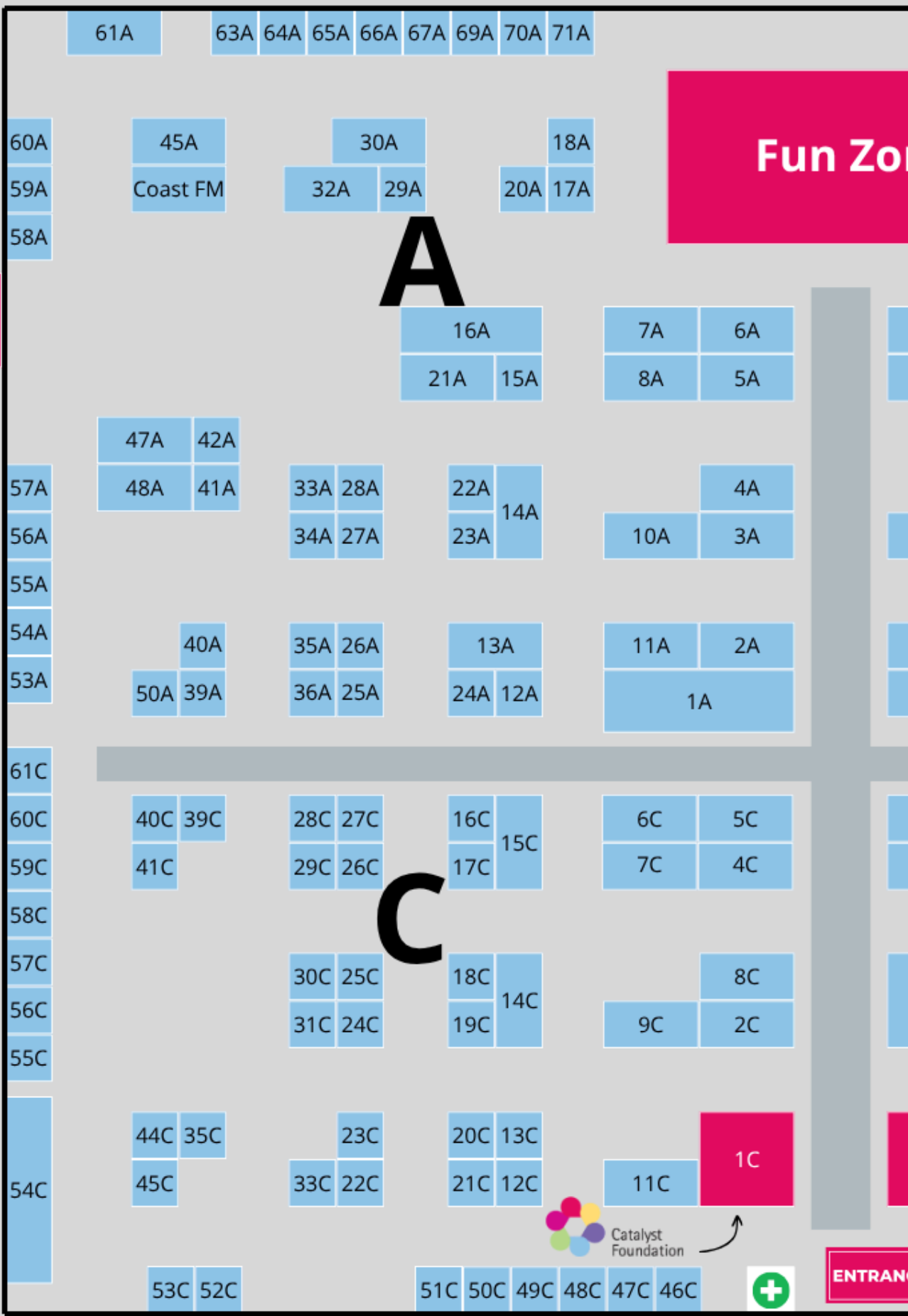
16A

Hola Support
KEEPING YOU CONNECTED

15D



Animal
Farm





57C



UNITED
ABILITIES

17A



1A



??



13D



GREENLEAF
SUPPORT SERVICES

4C



28D



28B



11C



53C



12A

Care Finder Program

Aged Care Navigators support vulnerable older people to access aged care services and other supports in the community.

- Finding the supports you need to remain living independently can feel overwhelming.
- We can help you to understand what aged care services are available and help you connect to them.
- Assist you through the assessment process and find available appropriate services.
- We can talk with you and My Aged Care together, about your assessment and approvals.
- Explain Home Care Packages and the Commonwealth Home Support Program.

This is a no cost government funded service; you will need to be age eligible to be able to access services through My Aged Care.

Aged Care Navigators can support you over the phone, at the Catalyst Foundation office, or a home visit, we can be the contact person who brings all your supports together.

How to make contact with an Aged Care Navigator

Contact details:
Office Unit 1, 47 Tynte Street
North Adelaide, 5006.

Telephone
8168 8776
Press option 2

www.catalystfoundation.com.au



phn
ADELAIDE
An Australian Government Initiative

Booth #1C

Head to booth 44D to pick up your map and start the Holiday Explorers Trail!





Booth #24A

THERAPY, MENTAL HEALTH & ASSESSMENTS

📍 Parafield & Parkside offices | In-home & in-school support

Activ8 Mind is a registered NDIS provider specialising in therapy, mental health, and assessments.

Our skilled practitioners provide support that is:

- ✓ Highly responsive
- ✓ Educative
- ✓ Outcome-focused

Visit us at booth 24A

Learn more about us or request our support.



Our NDIS Services

Providing support for participants aged 5 - 65.



Psychology & Counselling



Behaviour Support



Occupational Therapy



Social Work



📞 8292 5300 ✉️ info@activ8group.com.au

fidens

feels

like

family

Discover Your Place of Belonging

- Supported Independent Living (SIL)
- In Home Supports
- Post Incarceration Support
- Community Participation
- Telehealth (Allied Health)
- Community Nursing

Visit us at the Adelaide DAL Expo or call 1300 574 244 today!

www.fidens.com.au

Booth #58D

Booth #12A



ESG Inclusive Homes

EXPERIENCE SOCIAL GROWTH

National NDIS SDA Provider



Contact: Sarah Thompson
Ph: 0416 172 724
www.experiencesocialgrowth.com
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Quality training for Support Workers, Family Carers and Nurses.

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Training and assessment is delivered
on behalf of ABC First Aid

RTO 3399
Since 1997

Booth #13D

Happy Steps

Your Partner in Living Well



Some Services We Offer:

Mobile Home / Pool Visit
Tailored Therapies All Ages
Fun Activities & Skill Building
Functional Capacity Assessments
ReturnToWorkSA Injury & Return to Work
Lifestyle & Exercise Integration
Medicare Physiotherapy
Assistive Technology
Royal Park Clinic
Hydrotherapy



Learn more about us

www.happysteps.com.au
admin@happysteps.com.au
0430 563 033 / 0433 768 088

Empowering Every Step for All Ages!

Booth #22A

Live life your way



Your home. Your life. Our support

At InHome Care SA, we're more than support workers, we're partners in your wellbeing. With government approved, personalised care, we help you stay safe, independent, and comfortable at home. We bring the care you need right to your door, always professional - **always focused on you.**



Call (08) 7200 5432
or visit ihcsa.com.au
to explore our services


InHome Care SA
it's your choice

Booth #32D



WHY CHOOSE AEON

Our Services

- ✓ Assistance with personal care
- ✓ Social and Community Participation
- ✓ Day Option/AEON HUB
- ✓ Specialist Support Coordination
- ✓ High Intensity Supports
- ✓ Community Nursing
- ✓ Specialist Disability Accommodation/SDA
- ✓ Supported Accommodations: SIL/MTA/STA/Respite

Choose us for NDIS services because we prioritize your individual needs, provide experienced and compassionate support, and are dedicated to your well-being and empowerment.

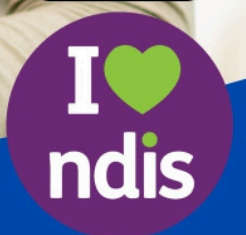
SCAN TO CHECKOUT
OUR SERVICES



SCAN ME

0469 397 054
1300 2366 37

info@aeondisabilityservices.com.au
2A Portrush Road, Payneham SA 5070



Find us at
Booth 24C
Bronze
Section

'People living with disability don't need to be empowered, it's time we recognise they're already powerful, and celebrate them'
-Amie Verrall, General Manager, ELO

Accessible Services for All Abilities

- SIL, SDA, Robust & Respite Accommodation
- 24/7 High Intensity and Complex Mobility Support
- Community Nursing
- Night / Social / Singles Options
- Outdoor Nature Adventure Options

*Empowered
living starts
here*

**already empowered
recognised
powerful
celebrated**

ENHANCE LIVING OPTION (ELO)
www.enhancelivingoption.com.au
info@enhancelivingoption.com.au
0410 674 759
NDIS Provider No: 4050148946

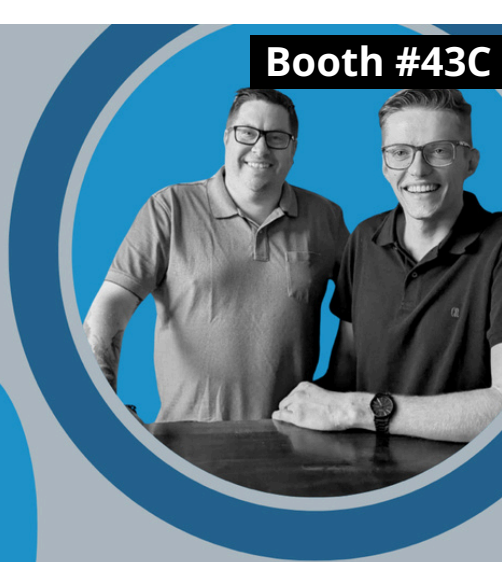


Enhance Living Option (ELO)
DISABILITY SERVICES



INSPIRE
CARE SA

Inspire Care SA offer consistent, person-centred care that genuinely responds to each individual's unique needs. Our mission is to provide support that is not only reliable, but tailored to the individual, ensuring that every person receives care that respects their personal journey and values.



Booth #43C



CONTACT US

To get in touch with Dan and Darcy please email :
admin@inspirecaresa.com

NDIS SERVICES:



IN HOME SUPPORT

Supporting you at home with social engagement, daily living tasks, cooking, cleaning



PERSONAL CARE

Provide medication administration, manual handling, personal hygiene.



COMMUNITY PARTICIPATION

Providing transport to attend appointments, shops and access the community.



COUNSELLING

counselling services with our licenced and experienced professional counsellor.

LET US KNOW HOW WE CAN HELP.

Dan and Darcy would love to come and meet with you to see how we and our team can help you and your loved ones. We offer this as a free no obligation chance for you to meet us in person and ask any questions you may have.



6/1257 North East Road,
Ridgehaven SA



Follow Inspire Care SA
on Instagram



Booth #23D

My Plan Manager

Your NDIS uncomplicator



myplanmanager.com.au
1800 861 272



Plan Manager

Silver Rainbow Training

Booth #47C



LGBTIQA+ INCLUSION
IN AGED CARE.
1 TO 3 HOURS
ONLINE OR,
IN-PERSON.

thorneharbour
health*

Booth #6D



Holistic Social Work Services is proudly family owned and operated
NDIS registered provider based in the south, servicing Adelaide.

We offer a person-centered approach to our service delivery, treat you with dignity and respect, value feedback for positive change and would be happy to discuss individual supports and needs.

We currently offer the following NDIS services:

- Supported independent living (SIL) and short-term accommodation / respite (STA)
- Support coordination level 2 and level 3
- Social work support
- Individually tailored day programs at Morphett Vale Southern Hub
- Life skills including cooking at our Morphett Vale Southern Hub
- School holiday activities
- In-home supports including garden work and cleaning
- Assistance to access the community / mentoring



Natalie Atherton | 0415 571 925
natalie@holisticsocialworkservices.com.au
www.holisticsocialworkservices.com.au
Like and follow us on Facebook to stay up to date



NOTES

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DAL

#LiveWellBeYou

DISABILITY, AGEING & LIFESTYLE EXPO

ADELAIDE

ADELAIDE SHOWGROUNDS

FRIDAY 17TH & SATURDAY 18TH OCTOBER 2025

MT GAMBIER

WULANDA RECREATION AND CONVENTION CENTRE

FRIDAY 13TH MARCH 2026



**Catalyst
Foundation**